



Linda Underwood, Manager
Romanda Askew, Cook
Rosie Davis, Cook
Mary Hill, Cook
Jessica Lake, Substitute Cook

Nutrition Tip: Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals.

Reference: Eat Right



Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Bites 1
Fries
Broccoli
Roll
Fruit
Milk

Stuffed Crust Pizza 4
Corn on the Cob
Carrots
Fruit
Milk

Baked Chicken 5
Mashed Potatoes w/Gravy
Pinto Beans
Cornbread
Fruit
Milk

Chicken Nachos 6
Lettuce/Tomatoes
Corn
Fruit
Milk

BBQ Pork Sandwich 7
Potato Wedges
Romaine Salad
Fresh Oranges
Milk

Spaghetti 8
Green Beans
Breadstick
Fruit
Milk

No School 11


Creamy Chicken Alfredo 12
Tossed Salad
Roll
Fruit
Milk

BBQ Chicken Sandwich 13
Potato Wedges
Corn on the Cob
Fruit
Milk

Taco Salad 14
Lettuce/Tomato
Black Beans
Fruit
Milk

Hot Dog 15
French Fries
Wheat Bun
Fruit
Milk

Chicken Fingers 18
Mashed Potatoes
Lima Beans
Roll
Fruit
Milk

Cheeseburger 19
Wheat Bun
Lettuce/Tomatoes/Pickles
French Fries
Fruit
Milk

Turkey w/Dressing 20
Yams
Green Beans
Roll
Fruit
Milk

Chili 21
Cheddar Cheese Cubes
Steamed Carrots
Crackers
Fruit
Milk

Pizza 22
Steamed Corn
Tossed Salad
Fruit
Milk

 25

 26

 27

 28

 29