



Sandy Wilson, Manager
Youlonda Coleman, Cook
Burnia Crispin, Cook
Jacqueline Pickens, Cook
Jessica Lake, Substitute Cook

Nutrition Tip: Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals.

Reference: Eat Right



Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Bites 1
 Fries
 Broccoli
 Roll
 Fruit
 Milk

Stuffed Crust Pizza 4
 Corn on the Cob
 Carrots
 Fruit
 Milk

Baked Chicken 5
 Mashed Potatoes w/Gravy
 Pinto Beans
 Cornbread
 Fruit
 Milk

Chicken Nachos 6
 Lettuce/Tomatoes
 Corn
 Fruit
 Milk

BBQ Pork Sandwich 7
 Potato Wedges
 Romaine Salad
 Fruit
 Milk

Spaghetti 8
 Green Beans
 Breadstick
 Fruit
 Milk

No School 11


Creamy Chicken Alfredo 12
 Tossed Salad
 Roll
 Fruit
 Milk

BBQ Chicken Sandwich 13
 Potato Wedges
 Corn on the Cob
 Fruit
 Milk

Taco Salad 14
 Lettuce/Tomato
 Black Beans
 Fruit
 Milk

Hot Dog 15
 French Fries
 Wheat Bun
 Fruit
 Milk

Chicken Fingers 18
 Mashed Potatoes
 Lima Beans
 Roll
 Fruit
 Milk

Turkey w/Dressing 19
 Yams
 Green Beans
 Roll
 Fruit
 Milk

Cheeseburger 20
 Lettuce/Tomatoes/Pickles
 French Fries
 Fruit
 Milk

Chili 21
 Cheddar Cheese Cubes
 Steamed Carrots
 Crackers
 Fruit
 Milk


Pizza 22
 Steamed Corn
 Tossed Salad
 Fruit
 Milk

 25

 26

 27

 28

 29